



**Mental Health America of Los Angeles**  
*Menu of Training & Consultation Services*



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*-Amuse-bouche-*

*Whet your appetite*

**Mini-Immersion**

Tour the MHA Village and hear about history & philosophy from key players at this 1/2 day experience

*Lunch, per person ...\$5*

*-Entrées-*

*Sit & enjoy*

**Recovery Oriented Leadership**

Prepare your leaders for their crucial role in your Agency's transformation

*per day ...2 senior consultants at \$2500 per senior consultant*

**Recovery Based Planning & Personal Transformation Workshops**

Understand recovery-based planning and complete a recovery/vision inventory

*1 day...\$3500*

Prepare your staff for a recovery-based system of mental health services

*2 days...\$6000*

**System & Structure Consultations**

Build outcome measures and accountability; incorporate the recovery stages; and/or create a coherent integrated services system that collaborates with other systems

*per day...\$2500*

**Village Immersion**

Learn the principles & practical application of psychosocial rehabilitation & creating a recovery culture

*3 days at \$275 per person, per day*

**Employment Immersion**

Dive deeper into the subject of employment and learn how recovery based services can make a significant impact

*2 days at \$275 per person, per day*

**TAY Immersion**

See how recovery-based services are customized for young adults at MHA's Transitional Age Youth Academy

*2 days at \$275 per person, per day*

*-Desserts-*

*Sweeten the deal*

**Grant Writing Phone Consultations**

Understand how to develop the winning proposals to fund your exciting program ideas & training needs

*per hour...\$100*

*-a la Carte-*

**Private Trainings & Consultations**

Select from the choices below:

Employment, Community Integration, Self-Help, WRAP (Wellness Recovery Action Plan), Community Development, Consumer Run Services, Dual Recovery, Homeless Services (Outreach and Engagement), Program Administration, Staff Roles, Transitional Age Youth, Education, Consumer Staff, Graduation, Rural Services, Staff Culture, Housing, Day Labor, Money Management, Physical Health & Wellness, Welcoming, Ethics, Team Building, Psychiatry & Medications, Consumer Advocacy and Train the Trainer.

*priced individually*

*-Nightcaps-*

*Take us home with you*

**Comprehensive Consulting**

Get a customized collection of training and consulting services to walk you through the steps of creating an ideal plan, including your choice of consultations from the above menu and an Immersion for your key players

*priced individually*

**Startup Package**

Let us guide you. After your leaders attend a Village Immersion they can sit in on a team meeting, meet with MHA Village leaders & specialists, and select from the topics above to develop recovery centered services specific to your agency.

*priced individually*

Mental Health America of Los Angeles is a nonprofit organization that uses the four cornerstones of service, training, advocacy and information to create opportunities for adults and young adults with mental illness to recover to full, equal lives. Founded in 1924, MHA is one of the county's oldest nonprofit mental health organizations. It is an affiliate of the Mental Health America & Mental Health Association of California.

The services listed on the menu reflect MHA's expertise from:

- 18 years of success in operating the MHA Village, pioneering a recovery-focused, integrated services model in California
- 15 years of sponsoring Project Return: The Next Step, a premier consumer-run program
- 13 years of training and consulting in system transformation, recovery, integrated services, and consumer training in peer services throughout California and across the nation
- Multiple honors, including from the American Psychiatric Association, United States Psychiatric Rehabilitation Association, California Department of Mental Health, American Psychiatric Nurses Association, and the President's Committee on Employment of People with Disabilities